

**"ALIVE & ANEW, FILLED WITH LIVING GRACE!"
APRIL 18, 2021 – THE THIRD SUNDAY OF EASTER
ACTS 3:12-19; 1 JOHN 3:1-7; LUKE 24:36B-48**

Promises for your pocket or purse - Take notes and carry them with you.

Do you like dinner parties; meals with family and friends? Do you find yourself eating fast food along the way? Eating alone? Our bodies need nourishment. We do not always get to choose the meal or setting; and to a certain extent, 'You are what you eat,' rings true. Our favorite foods and how we eat can reveal a bit of who we are. The Risen Jesus came and stood among his disciples. They were terrified. They were not sure what was going on or what they were seeing. Was it Jesus or a ghost, or something else? Jesus tried explaining, even showing who he was; it was in eating together that they believed. As we celebrate The Fifty Days of Easter, let us give thanks to and feast on The One who has filled us, making us alive and anew, for Christ is risen, Christ is risen indeed! Alleluia!

- 1 In The Risen Christ, trust you are filled and raised to be alive and anew in living grace. Jesus comes to be our guest, to be with us in every meal, in every day!
 - A. Eating can reveal a lot about a person. Jesus eats with us to reveal himself to us. 1 John 3:2,5; Luke 24:48
 - B. Jesus eats with us to make us all one people. Luke 24:36
 - C. Jesus comes to eat with us and to talk with us. Luke 24:44-45
 - D. Jesus comes to eat with us to nourish us. Acts 3:19, Luke 24:41
 - E. Jesus has faithfully been in our midst through the years, to be our guest, in our meals, and in our lives every day. Luke 24:36

2. Wherever we go through the years, wherever you go next, when you get up tomorrow, sit down at your table at home, in a restaurant, at work, with family, with those you disagree with, with those you love, guess who will be there? When you sit down at the banquet table one day, guess whose guest you will be? You are filled to be alive and anew, for Christ is risen, Christ is risen indeed! Alleluia!